

**Pastoral mentoring** is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

*Are your staff just reacting to behaviours?*



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# Certified Practitioner Mentor for Primary Schools Course

Helping train staff to support social, emotional, behavioural and mental health  
in primary schools



# Reducing behaviour problems

## Course delivery

We can deliver or train your team to deliver:

- 3-day classroom course
- eLearning

These are then followed by an online assessment and an optional six-month portfolio.

The total time is approx. 125-150 hours.

## Assessment

Learners pass an online assessment to become certified. Includes accreditation on the public Register of Mentors for six months.

Following this, there is an ongoing fee for continued registration.

Learners also have the option to do a 5-unit reflective assignment to convert their course into a Level 3 Social and Emotional Mentor qualification (currently undergoing registration).



Training for teachers, learning mentors and support staff to help identify and plug the gaps of children with social, emotional, behavioural and mental health difficulties.

Research suggests about 10% of your children may be experiencing mental health problems.

Across your school you will be aware of those children with behaviour problems, however, there will also be those who are withdrawn, holding their socio-emotional experience inside.



## Empathy, strategies, skills



Multi-award-winning training providers, The Mentoring School, have developed a course to help develop your staff to equip them to assess and plan interventions to address these needs.

The specialist course covers up to date good practice skills in working with individuals or groups, covering the practical skills required to be able to address peer problems, anger management issues, attachment problems, social skills and more....

Our specialist course covers:

- Assessment
- Planning tools
- Activity suggestions
- Working with individual children
- Working with groups
- Mental health
- Referral systems
- Timetabling
- Record keeping

## Course contents

- You and your situation
- What is a Children's Mentor?
- Barriers to learning and overcoming them
- Learning Styles
- Managing emotions
- Preparation for the next stages of life
- Supporting special needs
- Planning an individual intervention
- Planning a group intervention
- Involving parents and carers
- Involving children and young people
- Involving other staff
- Supporting social, emotional and mental health
- Setting up a referral system
- Monitoring outcomes of an intervention
- Bringing it all together