

Pastoral mentoring is the practice of addressing the barriers or blocks a mentee is facing in their lives. Mentors look beyond the behaviours to see the underlying causes and emotional experience. They plan or support the mentee to overcome those blocks or barriers.

Are your staff just reacting to behaviours?



3 Merridale Road
Southampton
SO19 7AB
United Kingdom

T: +44 2381 120010
E: hello@thementoringschool.com
W: www.thementoringschool.com

Certified Practitioner Mentor for Secondary Schools Course

Helping train staff to support social, emotional, behavioural and mental health
in secondary and further education



Increasing engagement in education

Course delivery

We can deliver or train your team to deliver:

- 3-day classroom course
- eLearning

These are then followed by an online assessment and an optional six-month portfolio.

Total time is approx. 125-150 hours.

Assessment

Learners pass an online assessment to become certified. Includes accreditation on the public Register of Mentors for six months.

Following this, there is an ongoing fee for continued registration.

Learners also have the option to do a 5-unit reflective assignment to convert their course into a Level 3 Social and Emotional Mentor qualification (currently undergoing registration).



Training for teachers, pastoral staff, learning mentors and other support staff in helping young people overcome social, emotional and mental health difficulties and increase academic engagement and results.

About 20% of young people may be experiencing mental health problems, many of which may be affecting their academic work.

Self-harm, anxiety, depression, bullying, truancy—all problems linked to socio-emotional deficiencies.

Knowledge, skills, progress



Multi-award-winning training providers, The Mentoring School, present a course to help secondary and FE staff to support and reengage these young people.

Covering topics on assessing, planning and delivering interventions to address social and emotional barriers causing the problems you are experiencing. The specialist course covers up to date good practice skills in working with individuals or groups.

Our specialist course covers:

- Good practice
- Boundaries
- Working with young people
- Structuring mentoring conversations

Course contents

- You and your situation
- What is a Young Persons Mentor?
- Barriers to learning and overcoming them
- Learning Styles
- Managing emotions
- Preparation for the next stages of life
- Supporting special needs
- Planning an individual intervention
- Working with groups
- Mental health
- Referral systems
- Record keeping
- Planning a group intervention
- Involving parents and carers
- Involving children and young people
- Involving other staff
- Supporting social, emotional and mental health
- Setting up a referral system
- Monitoring outcomes of an intervention
- Bringing it all together