

Technical mentoring involves supporting someone to learn new skills.

Pastoral mentoring involves developing the whole person, which may include elements of technical mentoring.

Many younger people tell us they want to feel supported as a whole person to feel more engaged.

Which do you currently offer?



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Certified Practitioner Mentor in Sports Course

Helping develop pastoral skills in sports



Making the difference using sports

Course delivery

We can deliver or train your team to deliver:

- 3-day classroom course
- Fast Track blended learning (eLearning and 1-day classroom)
- eLearning

These are then followed by an online assessment and an optional six-month portfolio.

The total time is approx. 125-150 hours.

Assessment

Learners pass an online assessment to become certified. Includes accreditation on the public Register of Mentors for six months.

Following this, there is an ongoing fee for continued registration.

Learners also have the option to do a 5-unit reflective assignment to convert their course into a Level 3 Sports Mentor qualification (currently undergoing registration).



Introducing the Practitioner Mentor in Sports, a certified course designed for those using sports to make a difference to the people you train.

Developing players in sports is not just about coaching of the skills required. There is a huge need to understand how to meet the holistic and pastoral needs of those you are working with.

Many people in the sector tell us they feel unprepared or unsure of how best to help or what to



Knowledge, skills, impact



say.

Multi-award-winning training providers, The Mentoring School, have developed a course to help you to actively support and develop the people you are working with.

The specialist course covers up to date good practice skills in working with individuals or teams, covering the practical skills to support their personal development and increase their performance.

Our specialist course covers:

- Diversity
- Working with different generations
- Structuring mentoring conversations
- Motivating groups or teams
- Supporting individuals
- Mental health

Course contents

- You and your situation
- What is a mentor?
- Barriers to success
- Learning Styles
- Emotional Intelligence
- Mindset
- Preparation for the future
- Good mentoring practice
- Working with an individual
- Diversity
- Working with a group
- Involving others
- Supporting an Individual
- Brain development and mental health
- Giving feedback
- Bringing it all together